



# Your health, your way



Being healthy shouldn't be a grind. Try new things and take small steps to be a slightly better you today than you were yesterday.

With One Pass Select®, our mission is to make being healthy fun for all. No matter your current fitness level, we have a wide variety of activities to help you meet your fitness goals. And that's not all. Get access to digital fitness apps and home grocery delivery to make it even more convenient to become a better you.



**Enroll today**

[www.OnePassSelect.com](http://www.OnePassSelect.com)

Choose the membership that fits your lifestyle

**Classic**

**\$0/mo**

12,000+ gym locations

**Standard**

**\$69/mo**

14,000+ gym and premium locations

**Premium**

**\$109/mo**

16,000+ gym and premium locations

**Elite**

**\$159/mo**

20,000+ gym and premium locations

Or get started with a digital-only plan for \$0/Mo.

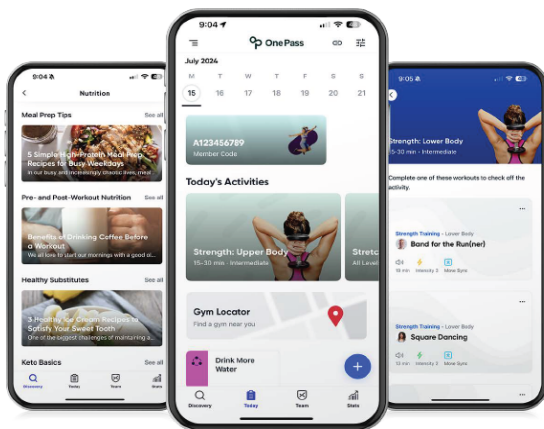
All tiers Classic or above come with grocery and home essentials delivery at no extra cost.

Membership is instant, and you will be charged for the full current calendar month on the day you sign up (One Pass Select does not offer proration).





# Step up your whole-body health



## The new One Pass app is here

One Pass® offers flexible options to make fitness engaging and fun for everyone. Reach your whole-body health goals with support for workouts, nutrition and more – all in one place.

We're excited to share the new One Pass look and feel with you. Keep an eye out for when it goes live on the web this fall.

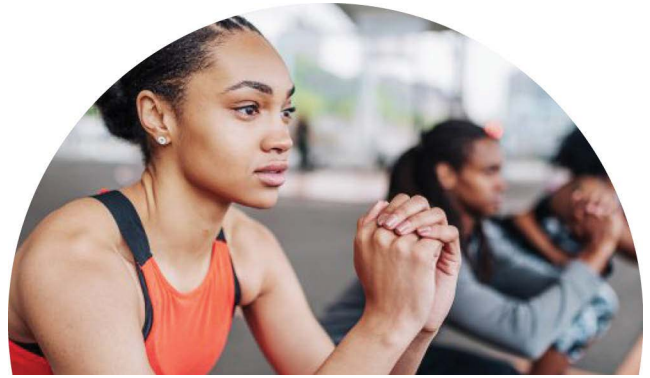


**Download the new app to get started.**

One Pass Select is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. Individuals should consult an appropriate health care professional before beginning any exercise program and/or to determine what may be right for them. The One Pass program varies by plan/area. Equipment, classes, personalized fitness plans, and events may vary by location. One Pass is not responsible for the services or information provided by third parties. Purchasing discounted gym and fitness studio memberships may have tax implications. Employers and individuals should consult an appropriate tax professional to determine if they have any tax obligations with respect to the purchase of these discounted memberships under this program. This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The service is not an insurance program and may be discontinued at any time.

# One Pass Select™

## Rediscover your passion for health



With One Pass Select, we're on a mission to make fitness engaging for everyone. One Pass Select can help you reach your fitness goals, while finding new passions along the way. Find a routine that's right for you whether you work out at home or at the gym. Choose a membership tier that fits your lifestyle and provides everything you need for whole body health in one easy, affordable plan. You and your eligible family members (18+) can get started with One Pass Select on

### Find your fit with One Pass Select



#### At the gym

Choose from our large nationwide network of gym brands and local fitness studios. Use any gym in the network and create a routine just for you.



#### At home

Work out at home with live or on-demand online fitness classes. Try our workout builder to get routines created just for you, no matter what your fitness level and interests are.



#### In the kitchen

Get groceries and household essentials delivered to your home. We make it easy to plan for everything you need to enjoy delicious, nutritious meals.

**\$0/Mo**

#### Classic

11,000+ gym locations

**\$64/Mo**

#### Standard

12,000+ gym and premium locations

**\$99/Mo**

#### Premium

14,000+ gym and premium locations

**\$144/Mo**

#### Elite

16,000+ gym and premium locations



**Learn more about One Pass Select\* at [OnePassSelect.com](https://OnePassSelect.com).**

**Enroll in One Pass Select starting on**



**\*Eligible One Pass Select members will not be able to enroll in One Pass Select until**

**Or get started with a digital-only plan for \$0/Mo.**

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